

## Suggested Daily Care Routine

You might find the following guidelines and care tips featured throughout this brochure helpful in the establishment of an effective laryngectomy and management care routine.



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### SKIN CARE

Clean skin around the stoma with mild soap and water and dry.



2

### VOICE PROSTHESIS

This needs to be cleaned regularly to maintain function and good quality voice by using voice prosthesis cleaning brushes. Our Voiceline cleaning brush fits all sizes of prosthesis.



3

### PROTECTION

Apply Trachi-Wipe skin barrier to protect your skin from secretions – preventing irritation and soreness. Kapi-Gel can protect the stoma behind a stoma button or Laryngectomy tube.



### KAPI-GEL

Ideal for difficult stoma anatomy - providing cushioning behind the laryngectomy tube flange/neckplate or stoma stud.



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### COMBINED AIRWAY PROTECTION

Use one of the following products for humidification, filtration and improved respiratory performance:

- |                 |                   |
|-----------------|-------------------|
| Buchanan - Lite | Trachi-Naze       |
| Buchanan        | Baseplate         |
| Laryngofoam     | Stoma Stud        |
|                 | Laryngectomy Tube |



### TRACHI-HOLD

Secure tube with Trachi-Hold.



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### ADDITIONAL HUMIDIFICATION

When using an airway protector additional humidification is sometimes required. Trachi-Mist is a simple way to provide a fine saline spray to the stoma.



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### LARYNGECTOMY TUBE CLEANING

Laryngectomy tubes should be cleaned at least on a daily basis to prevent the build up of mucus and keep the tube surfaces clean and ensure good hygiene. Our range of cleaning brushes, solutions and swabs are designed to clean plastic and silicone laryngectomy tubes.



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### STORAGE

The Kapitex Travel Wallet is a handy aid for storing and carrying your laryngectomy care products in hospital or when travelling. This will help to maintain your daily care routine by ensuring that all your laryngectomy requisites are to hand in one secure carrying case.



**KAPITEX**

Adding Quality of Life to Airway Management